

Flagstaff Frenzy presented by Absolute Bikes

May 12, 2018

● Green (4-miles) Junior ■ Blue (8-miles) Short ▲ Black (20-miles) Long

Wave 1		Awards 12:00		
8:30	Elite Men	1 ▲ 1 ■	A	
	Expert Men Open	1 ▲ 1 ■	B	
	Expert Junior Men 17-18	1 ▲	C	
	Expert Junior Men 15-16	1 ▲	D	
8:33	Expert Men Masters 45+	1 ▲ 1 ■	E	
8:36	Expert Single Speed Men	1 ▲ 1 ■	S	
8:40	All Marathon*	2 ▲	M	
8:45	Intermediate Junior Men 17-18	1 ▲	G	
	Intermediate Junior Men 15-16		H	
8:48	Intermediate Men 19-29		I	
8:51	Intermediate Men 30-39		J	
8:54	Intermediate Men 40-49		K	
8:57	Intermediate Men 50+		L	
9:00	Intermediate Single Speed Men		N	
	Intermediate Single Speed Men 45+		O	
9:03	Rock Crusher Men		R	
	Master's Men 60+		Q	
	Plus Bike Men		P	
Wave 2			Awards 1:00	
10:30	Beginner Men 19-29		1 ■ 1 ●	2A
10:33	Beginner Men 30-39			2B
10:36	Beginner Men 40-49	2C		
10:39	Beginner Men 50+	2D		
10:42	Beginner Junior Men 17-18	2E		
10:45	Beginner Junior Men 15-16	2F		
10:48	First Time Men	1 ■	F	
Wave 3		Awards 2:30		
11:30	Elite Women	1 ▲	3A	
	Expert Women Open		3B	
	Expert Junior Women 17-18		3C	
	Expert Junior Women 15-16		3D	
	Expert Women Masters 45+		3E	
	Expert Single Speed Women		S	
11:33	Intermediate Junior Women 17-18	2 ■	3F	
	Intermediate Junior Women 15-16		3G	
11:36	Intermediate Women 19-29		3H	
	Intermediate Women 30-39		3I	
11:39	Intermediate Women 40-49		3J	
	Intermediate Women 50+		3K	
	Intermediate Single Speed Women		3L	
11:42	Intermediate Single Speed Women 45+		3M	
	Plus Bike Women		P	
11:45	Beginner Junior Women 17-18		1 ■ 1 ●	3N
	Beginner Junior Women 15-16	3O		
11:48	Beginner Women 19-29	3P		
	Beginner Women 30-39	3Q		
11:51	Beginner Women 40-49	3R		
	Beginner Women 50+	3S		
11:54	First Time Women	F		
Wave 4		Awards 3:00		
1:30	Junior Boys 13-14	3 ●	4A	
1:32	Junior Boys 11-12	2 ●	4B	
1:34	Junior Boys 9-10		4C	
1:36	Junior Girls 13-14	3 ●	4D	
1:38	Junior Girls 11-12	2 ●	4E	
1:40	Junior Girls 9-10		4F	
2:30	Junior Boys/Girls 6-8	1 ●		

* Marathon - after completing two black loops go to finish.